

For Immediate Release

December 23, 2010

Carleton Place & District Memorial Hospital Foundation
Carleton Place, ON

13th Annual Tree Lighting receives a gift from Waterside

The Carleton Place & District Memorial Hospital (CPDMH) Foundation is pleased to announce that the Waterside Retirement Community has donated \$500 to its annual Tree Lighting campaign.



Jennifer Meeks, Community Relations Coordinator and Valerie Danis, Office Coordinator, with Waterside Retirement Community presenting a cheque to Chantelle Troy, Manager/Community Relations Officer of the CPDMH Foundation. The funds were given to the Foundation's 13th Annual Tree Lighting campaign which is raising money to purchase new equipment for the Hospital's colonoscopy program.

“When the Waterside opened two years ago, we celebrated our opening by making a gift to the Foundation’s Tree Lighting. We have continued to contribute to event because the Hospital is a huge part of our community as well as a great neighbour and friend,” stated Jennifer Meeks, Waterside’s Community Relations Coordinator. “We are very glad to make this donation on behalf of our members and we would like to thank the Hospital for the care given to our community members over the last year.”

The 13th Annual Tree Lighting is raising funds to purchase new equipment for the colonoscopy program by inviting the

community to sponsor a bulb on the tree in front of the Hospital in memory of a loved one or in honour of anyone that has touched your life in a meaningful way. Donations for the Tree Lighting will be accepted until mid January and can be given in person at the Foundation Office, online at <http://www.carletonplacehospital.ca>, or by mailing your gift to the Foundation Office. The names of everyone who donated to the Tree, as well as the recipients of the in memory and in honour of donations, will be published in the local newspapers at the end of January.

“We are very appreciative of the support we receive from Waterside and on behalf of the Hospital and Foundation I would like to thank Waterside and its members for this wonderful gift to our Tree Lighting campaign,” stated Chantelle Troy, Manager/Community Relations Officer of the CPDMH Foundation.

The Waterside Retirement Community is an independent living retirement community which serves independent members as well as offering respite services with comfort and convenience tailored to meet each individual’s needs. The retirement community offers potential members four styles of suites to choose from – all of which include a kitchenette with full-sized fridge and a microwave, as well as private bathroom with a walk-in shower and safety bars. In addition, Waterside provides weekly suite housekeeping and linen laundry services, and complete suite maintenance.

Waterside also offers a vast array of amenities, including the Shores Dining Room, Paddles Pub, Perks! Café, Serenity Spa, hair salon, Brain Gym (including a library and Internet lounge), V!VAfit exercise room, indoor heated salt water pool and the 60 seat V!VAplex theatre. Also on site is the Victory Garden which has been designed with large planter boxes and raised beds, surrounded by spacious walking paths.

For more information about Waterside and its amenities, or to arrange a tour please call 613-253-2010 or visit www.thewaterside.ca.

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