

## For Immediate Release

November 20 2008

Carleton Place & District Memorial Hospital Foundation  
Carleton Place, ON

### Waterside kick starts Foundation's 11<sup>th</sup> Annual Tree Lighting campaign

The Carleton Place & District Memorial Hospital (CPDMH) Foundation is pleased to announce that the Waterside Retirement Community has donated \$1000 to the 11<sup>th</sup> Annual Tree Lighting. The Tree Lighting is hoping to raise \$20,500 for a bed for the hospital's inpatient unit and a triple and concurrent pump for the recovery room.

"We wanted to make this gift to the Foundation's Tree Lighting as a way to thank the community for welcoming us so warmly to the area", stated Sandra McCormick, Community Director of Waterside, a V!VA Retirement Living community. "Waterside prides itself on being a valued and contributing member of the surrounding community, and we see the Carleton Place Memorial Hospital as a very important part of our new neighbourhood."

The Waterside is an independent living retirement community that offers residents comfort and convenience tailored to meet their individual needs. Customers can choose from four styles of suites – all of which include a

kitchenette with full-sized fridge and a microwave, as well as private bathroom with a walk-in shower and safety bars. In addition, Waterside provides weekly suite housekeeping and linen laundry services, and complete suite maintenance, including plumbing and major appliances.



*Participating in the cheque presentation are Anne Tanner, Lifestyle Coordinator, Corrie Hamilton, Community Relations Coordinator, Sandra McCormick, Community Director, Alison Volk, Wellness Coordinator, Carolyn Bradford, Community Relations Coordinator, Ron Deschamps, Environmental Coordinator, Sylvie Powell, President of CPDMH Foundation and Malcolm Robinson, CPDMH*

"Waterside is not like other retirement facilities and our goal is to build a community around the needs and lifestyles of our customers," continued Ms. McCormick. "The end result will be a

friendly, warm and invigorating environment that overlooks the beautiful Mississippi River, nestled along the Trans Canada trail."

Waterside offers a vast array of amenities, including the Paddles Pub, Perks! Café, Serenity Spa, hair salon, Brain Gym (including a library and Internet lounge), V!VAfit exercise and stretch rooms, indoor heated salt water pool and the 60 seat V!VAplex theatre. Also on site is the Victory Garden which has been designed with large planter boxes and raised beds, surrounded by spacious walking paths. A horticultural room is available to start seedlings and to continue growing plants during the winter months.

Waterside will be officially open on December 1, 2008, welcoming the first group of residents. “We still have some fantastic suites available overlooking the Mississippi River, but they are going quickly!” advised Ms. McCormick. For more information about Waterside and its amenities, or to arrange a tour please call Sandra, Carolyn or Corrie at 613-253-2010 or visit [www.thewaterside.ca](http://www.thewaterside.ca).

“On behalf of the Foundation I would like to thank the Waterside Retirement Community for this wonderful gift to start our Tree Lighting campaign,” said Sylvie Powell, President of the CPDMH Foundation. “I would also like to offer our best wishes for much success as the date of your opening approaches.”

Information on the Tree Lighting was recently mailed throughout the Hospital’s catchment area. The campaign provides the opportunity to spread the true spirit of the Christmas season by sponsoring a light in honour of friends and family, staff and physicians associated with the hospital, or in memory of a loved one. The official lighting of the tree in front of CPDMH will be held shortly after the Santa Claus parade on Saturday November 29 and will include an appearance from Santa and Mrs. Claus.

-30-

**Contact:** Chantelle Troy, Manager/Community Relations Officer 613-257-2200 ext 856  
e-mail: [ctroy@carletonplacehosp.com](mailto:ctroy@carletonplacehosp.com)