

## **For Immediate Release**

September 12, 2005

Carleton Place & District Memorial Hospital Foundation  
Carleton Place, ON

### **Carleton Place & District Memorial Hospital Receives a Gift of Art**

Earlier this summer the Carleton Place & District Memorial Hospital (CPDMH) received a wonderful present from Mr. Henry Darvell. The gift, two pieces of artwork painted by Mr. Darvell, was presented in memory of his late wife Susan.

“The Carleton Place Hospital has been wonderful to both my wife and myself during difficult times”, stated Mr. Darvell. “I wanted to show my appreciation for the care she received while doing something to brighten up a room for patients who may be required to stay at the hospital.”

The paintings reflect the couple’s love of gardening with one of the paintings being an iris, Mrs. Darvell’s favourite flower and the other piece being the lady slipper orchid, a favourite of Mr. Darvell. The artwork has been placed in the room 203 of the medical/surgical unit.



Henry Darvell and Toni Surko in front of the two pictures  
donated to CPDMH in memory of Susan Darvell

“This is a wonderful gift from Mr. Darvell that celebrates the life of his wife,” stated Toni Surko, Nurse Manager at CPDMH. “I know that art has a positive as well as therapeutic impact on patient recovery because it often creates a calming effect that fosters healing. I’m sure many people will enjoy the vibrancy of Mr. Darvell’s work and take comfort in its presence.”

Mrs. Darvell passed away on October 31, 2003 as a result of breast cancer. Mr. Darvell says that Susan’s oncologist, Dr. Shailendra Verma and her family doctor, Dr. Stephen Walker, worked together very closely and were able to prolong Susan’s quality of life for 5-6 years. For that he is very grateful.

While there is no cure for breast cancer, research indicates that healthy lifestyle choices like a diet low in saturated fat and regular exercise may help reduce the possibility of developing breast cancer. The Canadian Breast Cancer Foundation maintains the position that a Breast Self Exam performed monthly by women; a clinical breast exam performed annually by a qualified healthcare professional; and a mammogram from ages

50- 69 every 2 years, should be a three part approach to breast health. Each of these screening methods has its own rate of accuracy, however, when combined, these methods form the best early diagnostic tools. If you are under age 50 or over 69 and are at a higher risk for breast cancer, you should discuss with your doctor when mammography may be appropriate for you.

For more information about breast cancer please contact Bonnie Lloyd of Patient Information Services at 257-2200 ext 110 or visit the Brown's Breast Health Information Centre located at the Carleton Place & District Memorial Hospital. The Centre features information about breast health and self-examination, nutrition, mammograms, biopsies as well as information on local support groups and cancer centres. As well, step-by-step instruction on how to perform a Breast Self-Exam can be found on the website developed by the Thunder Bay Breast Health Coalition at <http://www.breastselfexam.ca>.

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