

Carleton Place & District Memorial Hospital



Directions

WINTER 2006



news from your community hospital

8th Annual Tree Lighting a Spectacular Success!

Thanks to the tremendous support from the residents of Carleton Place and the surrounding communities, the Carleton Place & District Memorial Hospital (CPDMH) Foundation is thrilled to announce that the 8th Annual Tree Lighting Ceremony has received donations totalling \$18,738.13. This is the largest amount the event has raised and the proceeds were used to purchase a new traction bed for the Physiotherapy Department of the hospital.

"Our department was thrilled to hear that the funds needed to purchase our new traction bed would be made available through the annual Tree Lighting," says Christine Boast, Physiotherapy Manager. "The new traction bed is a welcome addition to our department and I want to thank the community for their generosity."

The Tree Lighting Ceremony began in 1998 as an invitation to members of the community to make a donation to the Foundation in honour or in memory of a loved one. For every gift received, the Foundation lights a bulb on the tree in front of CPDMH. Since its beginning, the event has raised over \$69,000, including the nearly \$19,000 raised this year, for new medical equipment and improvements to CPDMH.

"Since most of the donations given to the Tree Lighting are made in memory of a loved one, the ceremony has become very important to the community and also very important to the Foundation," states

Ian Edwards, President of the CPDMH Foundation. "We are very appreciative of the support the community has continued to give to this event and we would like to give our sincere thanks to everyone who has made the 8th Annual Tree Lighting an enormous success."

At this year's ceremony, the people in attendance were treated to a visit from Santa and Mrs. Claus, who turned on the tree lights. As the tree lit up, the crowd was surprised to see that it was decorated with new multi-coloured LED lights, which were generously donated by Carleton Place residents Ron and Betty Roe.

"The LED lights were a very nice addition to the Tree Lighting, and on behalf of the Board of Directors of the CPDMH Foundation, I would like to thank Ron and Betty for their wonderful gift. Both Ron and Betty have given so much to the hospital over the years and all associated with the hospital are very grateful for their continued dedication to the organization," continues Mr. Edwards. "I would also like to thank the Presbyterian Choir for leading us in the singing of carols, and Santa and Mrs. Claus for taking time from their hectic schedules to come to the Tree Lighting. Hopefully we will see them all at this event next year!"

Ron and Betty Roe have long history with CPDMH. Betty has been a very active member of the MH Auxiliary for 30 years and has been awarded a life membership to the organization. She can also be seen volunteering in the Physiotherapy Department. Ron was a member of the hospital Board of Trustees from 1988 to 1996 and was Chair of the Board from 1993 to 1996. During that time, he was involved with starting the CPDMH Foundation and was a member of the Foundation Board of Directors until 2001. After leaving the Board, Ron joined Betty as a member of the MHAuxiliary.



Pictured with the new traction bed are (back row, l-r) Ian Edwards, President of the CPDMH Foundation; Christine Boast, Manager of the Physiotherapy Department; Katrina Ayling, CPDMH Physiotherapist; Megan McLenaghan, CPDMH Physiotherapist; Merlyn Smith, Physiotherapy Volunteer and member of the MHAuxiliary; (front row l-r): Toni Surko, AED of Patient Services; Leisa Butterworth, Physiotherapy Clerk; Nadine O'Sullivan, CPDMH Physiotherapist; and Linda Howard, Occupational Health Nurse.

50th Anniversary Celebrations Concluded

After an “eventful” year that included a Gala, a family reunion, an open house and the opening of the time capsule, the celebrations marking the 50th Anniversary of the Carleton Place & District Memorial Hospital are officially over.

“We had a lot of fun organizing the events for the 50th anniversary and we tried to come up with ideas that would be fun and interesting to all aspects of the community,” says Melba Jarvis, Chair of the 50th Anniversary Committee. “All the committee members hope to have the opportunity to participate in CPDMH’s next milestone and we would like to thank the hospital for giving us the chance to be involved in its 50th anniversary celebrations.”

“This has been a great year for the hospital and we hope the community enjoyed the various events as much as we did,” remarks Mike Gagné, CEO of CPDMH. “I would like to thank everyone for coming together to make the year so pleasant, and the 50th Anniversary Committee for their help in making our anniversary such a success.”



During the 50th Anniversary Gala in February 2005, members of the MHAuxiliary presented the second installment of their pledge to representatives of the hospital, the Foundation and the Help Improve Tomorrow Today! campaign.



Charlie Godfrey and Cora Droppo at CPDMH Family Reunion in June 2005. Miss Droppo was the first CEO of CPDMH and Mr. Godfrey served on the CPDMH Board of Trustees from 1958 to 1988 and was made a lifetime member in 1988.



Darlene Mitchell, David Willoughby and Betty Godfrey with the display of the contents of CPDMH's time capsule at the open house in December



Santa, Mrs. Claus and two elves, made a special appearance at the open house in December



Norah Currie, Melba Jarvis and Melba Barker ready to unveil the contents of CPDMH's time capsule



Melba Jarvis, Chair of the 50th Anniversary Committee, and Mike Gagné, CEO of CPDMH, prepare to greet visitors to the open house

Carleton Place Hospital Expands Service

Ultrasound sonographers Francine Germain and Angele Crites with the new ultrasound machine recently purchased by the hospital



Dr. Souaid, ear, nose and throat physician, is shown here with new equipment that expands CPDMH's surgical program



Pat Watchorn, Ambulatory Care RPN, with the new microscope recently purchased by CPDMH to expand the surgical program to include stapedectomies

The Carleton Place & District Memorial Hospital has once again responded to the needs of the community and, in September, expanded both the surgical program and the hours for ultrasound.

"The demand for an ultrasound was becoming quite high and at one point we had patients waiting six weeks for a non-emergency ultrasound," states Christine Boast, Manager of Diagnostic Imaging. "We felt that was unacceptable and we wanted to do our best to make the service more accessible to the community. The good news is the waiting list has now shortened to 24 hours—a wait time that is more tolerable to us and the community."

The expanded hours of service for an ultrasound occurred after the hospital acquired another ultrasound machine and hired an additional ultrasound sonographer, Francine Germain. The new machine, purchased at a cost of \$160,000, has allowed patients to access to the ultrasound from 7:30 a.m. to 7:30 p.m. Monday, Wednesday and Thursday, and 7:30 a.m. to 5:30 p.m. on Tuesday and Friday.

"We are very lucky that the Help Improve Tomorrow Today! campaign surpassed its goal of \$1.5 million and raised over \$1.67 million," says hospital CEO Mike Gagné. "The additional funds will allow the hospital to explore the option of offering more programs and services to the community, as well as pos-

sibly allow us to enhance the services we currently offer, like we have been able to do with ultrasound hours of service."

"The money from the campaign was given by the community to purchase new medical equipment for the hospital," adds Ian Edwards, President of the CPDMH Foundation. "Once the commitments on the campaign list of needs have been met, the Foundation will ensure that any remaining money will continue to buy new equipment for the hospital. This will result in better health care for the community, and I believe that's the reason the community responded to the campaign in such a positive way."

The surgical program was expanded to include Functional Endoscopic Sinus Surgery (FESS) to the list of Ear-Nose-Throat surgeries offered by CPDMH. The surgery is a minimally invasive technique in which an endoscope is used in the nose to view the nasal cavity and sinuses. The goal of FESS is to restore sinus ventilation and drainage by opening the sinuses more widely.

"We are trying to offer the community the best care possible, and by adding the new endoscopic surgery, we feel we are taking another step in the right direction," continues Mr. Gagné. "Our organization will continue to evaluate where health care in the community needs improvement and do our best to

respond to those needs wherever we can."

FESS is the most common corrective surgery for chronic sinus inflammation and is much less invasive than older conventional surgical methods. As in most endoscopic surgeries, there is very little postoperative discomfort with FESS. Recovery times are shorter, with an improvement in post-procedure symptoms of up to 90 percent. Serious complications are very rare, but because of the proximity of sinus structures to the eyes and the brain, the surgery is not risk free.

CPDMH is expecting to further expand the ENT portion of its surgical program to begin offering stapedectomies. This surgery removes a portion of the stapes, one of the three bones in the middle ear, and places a prosthesis in the ear to transmit sound. It is hoped that surgery will be in place in mid-March of 2006. The equipment needed to expand the ENT program, including a new microscope to perform the stapedectomy, was purchased through the funds raised by the Help Improve Tomorrow Today! campaign.

"The benefits of our recent campaign can be seen in every department throughout the hospital," Mr. Gagné remarks. "I am very grateful for the continued support of the community, and I hope they are aware of the many changes which have resulted from their generosity."

• thank you • thank you • thank you • thank you • thank you • thank you •

A very big thank you to everyone who has given so generously to the CPDMH Foundation over the past few months — you have made a difference!



The Carleton Place Shooters pose with a cheque representing their donation to CPDMH. The funds were used to purchase a laser for the Physiotherapy Department.



The 3rd Annual Bed Pan Golf Committee, consisting of (l-r) Ian Edwards, Chantelle Troy, Wayne Bennett, Ike Smith, Andrew Staniforth, Debra Bellevue and Brian Stanton with the cheque representing the funds raised for the tournament in June



Darlene Mitchell, AED Support Services, accepting the cheque from Ryan Jardine, organizer of the 2nd Annual "Not-2-Bawd" Volleyball Tournament



Jim McMahon, co-owner of Price Chopper (left); Chantelle Troy, Manager of CPDMH Foundation; and Randy Slate, owner Carleton Place Home Hardware with a cheque representing the money raised from a barbeque held during the weekend of July 29, 2005



Lisa Peters and David Peters present the cheque from Tim Hortons to Norine Primeau-Menzies, Jennifer Hall, Carly Scott and Luci Jacobson, staff members of the Carleton Place & District Memorial Hospital



Henry Darvell and Toni Surko pose in front of two pieces of artwork painted by Mr. Darvell in memory of his late wife, Susan. Susan Darvell passed away on October 31, 2003, and Mr. Darvell gave the paintings to CPDMH in appreciation of the wonderful care and compassion given to both him and his wife during Susan's illness.



Councillor James Lowry presents the cheque from the Town of Mississippi Mills to Mike Gagné, CEO of CPDMH



Siblings Gordon, Ken and Edna Morrison present a DVD player and various DVDs to Toni Surko in appreciation of the care given to the Morrisons' mother, Betty.



Ian Edwards, President of the CPDMH Foundation, and Mike Gagné, CEO of CPDMH, accept the donation from Ann Ecker, 2nd Vice-President, and Poppy Chair; Mark Bissonette, President of The Royal Canadian Legion Branch 192; and Ted Millard, 1st Vice-President and Veterans Affairs Officer



Carleton Place IGA staff members surround representatives of the organizations participating in the Tape Saver Program. The representatives are (back row, l-r) Madella Toop from the Seventh Day Adventist Church, Ron Legge, Bob Bennett, Joan Bennett and Heather Legge from the Carleton Place & District Civitan Club; front row, (l-r) Shirley Sanderson from Zion Memorial United Church, Marguerite Saumure from St. Mary's Church, Jean Keddy from The Exchange, Ann Ecker, 2nd Vice-President with the Royal Canadian Legion Branch 192, Mildred Fox-Baker and Minerva Nephin from St. Mary's Church, Andy Duff, Manager of the Carleton Place IGA, and Hilda Docker from the Captain Hooper Chapter of the IODE.



Available for the cheque presentation are (l-r) Mike Gagné, CEO of CPDMH; Spencer Grabe, General Manager of DICA Electronics; and Dereck Hicks, President of the CPDMH Foundation



Available for the cheque presentation are (l-r) Mike Gagné, CEO of CPDMH; Cindy Hobbs, Branch Manager of RBC - Carleton Place; Sharon Craft, Assistant Manager of RBC - Carleton Place; and Dereck Hicks, President of the CPDMH Foundation



Ian Edwards, (left) president of CPDMH Foundation accepting a cheque from Marie and Daryl Bean, Presidents of the Mississippi Squares, during the Mississippi Squares' regular Basic/Mainstream dance evening at Carambeck School.



Presenting the cheque on behalf of the Arklan Community Public School are: (back row l-r) Principal Ken Genderon, Destri Porteous, Ainsley Gardiner, Erin Porteous, CEO Mike Gagné, front row (l-r) Eldon Zacharias, Andrea Jensen, Ali Barry, Olivia Cotnam



Employees of Farm Credit Canada's Kanata office on hand for the cheque presentation, including (l-r) Jim Marr, Sylvie Lacasse, Amy Degrou, Nancy Pinard, Marcella Airey, Ron Vanasse, John Gregory and Alain Bouvrette

Members of the MHAuxiliary Receive Provincial Life Memberships

Six members of the MHAuxiliary were honoured at the recent convention of the Hospital Auxiliaries Association of Ontario (HAAO) with Provincial Life Memberships. MHAuxilians receiving the prestigious award were Eleanor Code, Bea Gladish, Eleanor Henderson, Isabel Hawkins, Norma Hamilton and Jessie McBain.

"On behalf of everyone associated with the Carleton Place & District Memorial Hospital, I would like to thank these wonderful ladies for everything they have done for our hospital over the years," stated hospital CEO Mike Gagné. "Their dedication is an inspiration to us all and I would like to offer them all my sincere congratulations on this wonderful achievement."

Four of the six ladies, Bea Gladish, Eleanor Henderson, Norma Hamilton and Jessie McBain, are past presidents of the MHAuxiliary, as well as past members of the CPDMH Board of Trustees. Norma is also currently a member of the CPDMH Foundation Board of Directors. Eleanor Code and Isabel Hawkins have been very active in all aspects of the MHAuxiliary and are always willing to lend a helping hand whenever asked. Collectively, the ladies have completed 163 years of service with the MHAuxiliary and have performed countless volunteer hours with the hospital.

"I am thrilled that each of these fantastic individuals has received this honour from the Hospital Auxiliaries Association of Ontario. Over the years, each of these ladies has made their own mark on our organization and the MHAuxiliary has become better because of their contribution," stated Flora Neave, President of the MHAuxiliary. "I would like to personally thank Eleanor, Bea, Isabel, Norma, Eleanor and Jessie for everything they have done for the MHAuxiliary, as well as let them know I feel privileged to be associated with them."

Provincial Life Membership is an honour bestowed by Ontario auxiliaries to recognize their most dedicated and esteemed members. Presented at the Gala Banquet on November 1,



MHAuxilians awarded the Provincial Life Membership are, (l-r) Isabel Hawkins, Norma Hamilton, Bea Gladish, Eleanor Henderson, Jessie McBain, shown here with Flora Neave, President of the MHAuxiliary and Mike Gagné, CEO of CPDMH.



Betty Godfrey, 1st Vice-President of the MHAuxiliary (left) and Mike Gagné, CEO of CPDMH presenting Auxilian Eleanor Code (centre) with her Provincial Life Membership

2005, the award was given to 131 hospital auxiliary members throughout Ontario by the Hospital Auxiliaries Association of Ontario President Sheila Meijer. There are six other members of the MHAuxiliary who have received the award, namely, Catherine Bennett, Mary Dack, Betty Godfrey, Melba Jarvis, J.A. Johnston and Helen Montgomery.

Founded in 1953, the MHAuxiliary was formed with the goal of ensuring both patient

care and comfort through fundraising activities and through service within the CPDMH. The organization currently has 131 members, and in the last 10 years, has raised over \$800,000 for the hospital. The Auxiliary has hosted many events to raise money for the hospital, including the Ride of Splendor, River of Life, HELLP Lottery and selling tourtières at Christmastime. The Auxiliary also manages "Our Gift Shoppe" in the front lobby of the hospital.

CPDMH Foundation and MHAuxiliary Award Bursaries

Both the CPDMH Foundation and the MHAuxiliary award bursaries to students living in the Carleton Place area who have plans to pursue careers in health care. The MHAuxiliary awards the Annie Johnston Memorial Bursary to two students, one from Carleton Place High School and one from Notre Dame High School. The Brenda Hall Bursary, presented by the CPDMH Foundation, is awarded to a student who attends Carleton Place High School.

The Annie Johnston Memorial Bursary, in the amount of \$350, was formed in memory of Annie Johnston, the first president of the MHAuxiliary. Sarah Estey, from Notre Dame High School, and Shawn Castonguay from Carleton Place High School, were the 2005 recipients of the grant.

The Brenda Hall Bursary was established



Mervyn Hall presents the Brenda Hall Bursary to Shawn Castonguay. Miss Castonguay also received the Annie Johnston Memorial Bursary from the MHAuxiliary.

away in December of 2001. The bursary was created, and continues to be maintained, after Brenda's death through donations by many of Brenda's family, friends and colleagues. Each year in June, many members of the nursing staff also participate in a walk-a-thon to raise funds for the bursary.

"Brenda was a wonderful nurse and we still miss her today," says Angie Snedden, Emergency nurse at CPDMH. "We hope this bursary will continue to keep her memory alive."

Since it began, the Brenda Hall Bursary has been awarded to four students from the Carleton Place area. This year the bursary, in the amount of \$500, was awarded to Shawn Castonguay who is studying Forensic Biotechnology at Sir Sanford Fleming College.

in 2002 as a memorial to Brenda Hall, an Emergency nurse at CPDMH who passed

Carleton Place Hospital Receives New Wheelchairs

The Carleton Place & District Memorial Hospital is pleased to announce that the MHAuxiliary has purchased 10 new wheelchairs for the organization. The funds used to purchase the new chairs were raised from the Ride of Splendor held on September 25, 2005.

"Many of our volunteers working at the front desk of the hospital, as well as in other departments, often had to go in search of a wheelchair throughout the building whenever a patient came to the hospital with mobility issues and needed



In attendance for the presentation of the wheelchairs are (l-r) Norine Kelly, Betty Godfrey, Fay Smith, Toni Surko (AED of Patient Services at CPDMH), Don Chapman, Anne Chapman, Margaret McEwen, Eleanor Code, Merlyn Smith, Des Kelly and (sitting in the wheelchair) Mike Gagné, CEO of CPDMH

help getting to different departments," explains Betty Godfrey, 1st Vice-President of the MHAuxiliary. "When the proceeds from the Ride of Splendor were finalized, it seemed obvious that the money would be best spent buying new wheelchairs for the hospital."

The new wheelchairs have met the demand created by a steady increase in the services offered by the hospital, an increase in the population throughout Carleton Place and

area, as well as some of the aging wheelchairs having to be retired.

"The Auxiliary has always gone above and beyond the call of duty when it comes to helping us serve the community better," remarks CEO Mike Gagné. "The recent purchase of the wheelchairs is just another example of their dedication to our hospital. I sincerely thank them for all they have done and continue to do for our hospital and the community."

Organized by MHAuxiliary President Flora Neave, and her husband, John, the Ride of Splendor began in 2000 and is a planned motorcycle tour throughout the Ottawa Valley. Participants come from all over the Ottawa Valley and other parts of Ontario, and in some cases even the United States, to take part in this annual event. Participants can choose to pay a flat registration fee or collect pledges, as well as choose between a short or long travel route. Since it began, the Ride of Splendor has raised approximately \$43,000 for the hospital, including the approximately \$8,000 raised in 2005.

"As a group, the Auxiliary takes enormous pride in helping the hospital improve patient care—it's the reason we came into being and why we continue to work together as a group," continues Mrs. Godfrey. "In addition to aiding in patient care, the new wheelchairs will also help our volunteers perform their duties better, which is also very important to our organization."

Carleton Place Hospital's New AED of Patient Services

The Carleton Place & District Memorial Hospital is pleased to announce the hiring of Toni Surko in the position of Assistant Executive Director (AED) of Patient Services. As AED, Mrs. Surko will be responsible for the portfolio of clinical services in the hospital, which includes Diagnostic Imaging, Dietetics, Infection Control, Laboratory Services, Physiotherapy, Pharmacy, and Speech and Language, as well as being the hospital's Chief Nursing Officer. Prior to accepting her new position, Toni served the institution as Manager of the Inpatient Unit and the Discharge Planner.

"I know my new role in the hospital will have its challenges, especially with the restructuring and changes that will be happening with the formation of the Local Health Integration Networks. However, I think that this may provide a wonderful opportunity for CPDMH to further develop the programs offered to our patients," remarks Toni. "I also hope to work with the organization to further develop the processes and structure of the hospital and ensure that the best practices are in place as staff do their jobs."

"Toni became an integral part of our organization when she was hired as the Manager of the Inpatient Unit in May of last

year, and quickly earned the respect and support of everyone throughout the hospital," says CEO Mike Gagné. "We were thrilled to have her apply for the AED position after the departure of Norine Primeau-Menzies and we were very pleased when she accepted the

"I remembered CPDMH as being a warm, community hospital with a competent staff that worked well as a team..."

community hospital with a competent staff that worked well as a team," Tony comments. "After my return last year, I was pleased to see that the work environment remained the same and that the hospital was still focused on providing quality health care to the community."



Toni Surko, CPDMH's new AED of Patient Services

position. I know she will continue to be an asset to our organization and will do her best to make the services we provide to the community better."

Before coming to CPDMH, Toni spent three years as an administrator at Forest Lakes, a 156-bed long-term care facility in Kanata. She has over 20 years' experience in Nursing Administration and Management. In addition to her time as Manager of the Inpatient Unit, Toni was also a casual nurse with CPDMH in 2000 and says that was part of the reason she initially applied for the position of manager in 2005.

"I remembered CPDMH as being a warm,

Toni Surko assumed her new role on January 9, 2006, and one of the first challenges of her job will be to find a new Nurse Manager for the Inpatient Unit. "While I am excited about the new challenges that will be coming about from this new position, I am sad to be leaving the Inpatient Unit and Discharge Planning," she continues. "I will miss the daily contact with the patients and their families, as well as the daily interaction with the staff on the unit. The staff on the Inpatient Unit are extremely skilled and very focused on patient care. I enjoyed working with them very much."

Yes, I care about quality health care services in my community:

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All donations will be gratefully acknowledged and tax receipts will be issued.