



## 3rd Annual Get Active! Community Fitness Challenge

*In support of the Carleton Place & District Memorial Hospital Foundation  
at the*

**Heritage Community Fitness Centre – Wednesday, April 14, 2010**

### Team Registration Form

Team Name		Corporate name (if applicable)	
Team Contact		E-mail address*	
Member 1		**Preferred fitness machine	
Member 2		Preferred fitness machine	
Member 3		Preferred fitness machine	
Member 4		Preferred fitness machine	
Member 5		Preferred fitness machine	

\*Please provide an e-mail address allowing event organizers to provide your team with their Get Active! Community Fitness Challenge time slot as well as updates on pledges received online. Submitted e-mail addresses will not be shared with other organizations and only used for contact regarding the Get Active! Community Fitness Challenge.

\*\*Teams have the option of using a treadmill, elliptical trainer, or stationary bike.



- Please e-mail completed registration forms no later than April 12, 2010 to [ctroy@carletonplacehosp.com](mailto:ctroy@carletonplacehosp.com).
- Participants are required to collect pledges totaling \$250 per team or \$50 per person.
- All pledges collected for the Get Active! Community Fitness Challenge must be submitted at event on April 14, 2010
- Prizes will awarded to both teams and individuals for the most funds raised, most spirited team, etc. as well as other random prize draws throughout the day

For more information on the 3rd Get Active! Community Fitness Challenge or the Carleton Place & District Memorial Hospital Foundation, please contact the Foundation office at 613-257-2200 ext 856, fax 613-257-5197, e-mail [ctroy@carletonplacehosp.com](mailto:ctroy@carletonplacehosp.com) or visit [www.carletonplacehospital.ca](http://www.carletonplacehospital.ca).